Saint Thomas' Church Ash Wednesday March 6, 2019 rmcneely+

... remember o man of dust thou art and to dust thou shalt return

And so with this chilling reminder of our mortality ringing in our ears

And crosses of ashes emblazoned on our foreheads We begin the 40-day journey

To the Resurrection to Christ

For centuries Orthodox Christians have put themselves through Lent.

That somber and sobering time

We spend

Examining our souls

Our conscience

Our lives

To isolate, consider and repent

The sins of our lives

It can be a painful 40 days

As we examine some of the worst times of our lives.

Why have Christians put themselves through it?

Why to we put ourselves through it?

I want remind you of a story written by Edgar Allen Poe in 1843

He named it

The Tell-Tale Heart.

Maybe you remember it.

The story is told by a young man

Who committed a murder, a cruel and foul murder Of an innocent old man.

He buried the body under the basement of his house

Where no one would ever find it.

But faintly at first

And increasing in volume

He heard the heartbeat under the basement floor

From two floors above in his bedroom.

At first he heard it only in his sleep

But then

During his waking hours at night.

It got louder and louder

Ringing in his ears.

After a time he heard it in the daylight

And later he could hear nothing else.

He was convinced he was going mad.

As he verged on lunacy

He had a realization.

What he heard was not coming from below the basement

What he heard was not the heart of the man he had murdered

It was his own heart

Beating in his chest

Beating out his guilt

His conscience

With a perpetual reminder of his crime.

That he could never outrun

Never quiet

Never overcome.

Fiction, you say?

Perhaps.

Poe wrote it over 175 years ago.

But his acute mastery of human nature

Is as fresh as if he wrote it yesterday

And as timeless as eternity.

Our sins consume us.

From the little ones to the big ones

They eat at our soul.

Their magnitude is only a matter of degree

But the result is the same.

Where a soul once was

There is left a hole.

And in its place is built a wall

A solid stone wall is built

Sin by sin by sin.

A wall separating us from God.

From the love of God

From redemption

From salvation

From heaven

A wall separating us from each other

A wall of guilt, of shame, of embarrassment

We become isolated

And in danger.

The odor of it repels

The odor of it attracts satan and those who do his will.

And the un-abolved sin begets another and another.

I want to tell you another story.

It is about King David,

The boy who slayed Goliath and saved a nation.

The shepherd boy who became one of the great Kings of the Hebrew Nation.

It was a hot evening in Jerusalem

And David took to the roof of his palace

Where he could gain respite from the evening heat.

And as he gazed out at his capital city

He saw a woman that intrigued him.

She was entirely naked in a bath down below.

He stared and became besotted of her.

She was Bathsheba

The wife of one of David's soldiers who was serving far from Jerusalem.

David was King and ordered her to be brought to him.

He bedded her.

An adulterous relationship was formed.

A baby was conceived.

David was suddenly mortified.

How could he overcome the shame?

He came upon a plan.

He would order Uriah, the husband of Bathsheba

Home to Jerusalem

Uriah, would lie with Bathsheba

And when the baby was born, Uriah would claim it as his own

The plan failed.

Uriah would not have the joys of his marital bed

While his men suffered in battle.

What to do?

David came upon another plan

He would order Uriah back into battle

And would quietly order that he be abandoned by his troops Uriah was killed in battle.

David took Bathsheba as a wife.

But the babe was still-born.

A prophet Nathan learned of David's iniquity.

In the court he approached David with a tale

He said there was a creditor who was owed a great sum.

He went to the debtor to collect.

But instead of selecting from the flock

He chose a lamb

A lamb that was beloved of the debtors young son.

The debtor pleaded that he could take any number of sheep

But please spare the one that his son had raised and loved.

The debtor slew the lamb as the boy watched

Tossed his head in laughter as he rode away.

Nathan asked David what sort of man was his creditor

And what shall be done with him.

David was enraged and by decree demanded to know the name of the scoundrel so that David himself could behead him.

In a quiet voice Nathan said:

O King. You art that man.

David saw who he had become.

After a time he wrote a psalm of remorse and penitence.

You read it a moment ago.

It is psalm 51.

Now that you know the story behind it, the back story Read it again tonight.

We have one incredible advantage over David.

We have a saviour

Who has paid the price for our sins

With his life.

Every minute of every day is filled with the opportunity to

Seek the forgiveness of God

To confess our sins to He who knows them all.

With a remorseful heart to seek

His forgiveness and absolution.

Why do Christians observe the discipline and rigors of Lent?

Let me tell you a final story from the first century AD.

It took place in Korea.

There were twin boys.

Who as they grew into manhood

Took very different pathways.

One was degenerate

And followed a life of crime.

As each new crime succeeded the one before

they we increasingly serious in nature.

Finally he was caught, tried and convicted to a sentence of death.

The conviction was appealed to highest court of the land

Where sat the other brother

The most respected and just judge in Korea.

All thought that a brother could not condemn another brother to death and a way would be found to reverse the judgment of death.

But the judgement was sustained. The criminal brother would die by the order of the Judge brother.

In Korea, sentences are carried out promptly.

A day before the execution was scheduled.

The judge came to visit the criminal in prison.

They were identical twins and the Judge told his brother to change places with him and to walk away a free man.

The criminal brother jumped at the chance

Secretly believing that the government would never Execute its highest judge.

On the day of the execution, the criminal sat atop a hillside to enjoy the spectacle when the truth was revealed. But to his horror he watched as his brother died.

He as grief stricken and ran to the prison gate

And told them of the mistake and insisted that he be executed.

He was told to remain at the gate.

After a time, the guard returned

And said he had thoroughly scrutinized the records

And there was no crime committed by a man of that name

And there was no sentence of death on a man of that name.

It was gone.

So are our absolved sins gone.

As if they never occurred.

We are restored to life anew

And given a new chance at eternity.

The wall of separation is removed, stone by stone by stone.

The love of God restored,

The grace of God again pours down upon us.

And our absolved sins are as if they had never existed.

We start the season of Lent with the taste of ashes.

The burnt up remains of what had once been thriving with life.

Something that was whole and complete

A moment of life

Palm branches

It is not unexpected that this sign of destruction

marks the beginning of our preparation for the end of our life.

and the foretaste

the touch

of our resurrection in Christ.

So why do we observe the discipline of Lent?

Archbishop Morse wrote:

"Lent is a period of preparation

for Christians to enter into the ultimate mystery of our existence the resurrection-Easter

The meaning of Lent is to go up to Jerusalem with Jesus To enter into His passion and death.

Allowing us to comprehend the ultimate reality of our Faith Resurrection."

"The Christian mystery is that we suffer with and for Him.

And He suffers with us.

We die with Him in His death

And He with us in our death.

We at the end will share with Him in His resurrection and the gift of eternal life.

To enter into the Passion of Christ is to love through tragedy.

A common rejection of belief in God is that if there was a God He would not let the innocent suffer.

But that would nullify the Crucifixion.

T.S. Eliot writes:

'Again in spite of that we call this Friday, good. The suffering of the only innocent in human history.'

We go up to Jerusalem in Lent.

The meaning of Lent is the suffering of the Passion and the death of Jesus.

Together in union with Him, we will share His resurrection.

St Paul writes 'for I reckon that the sufferings of this present time Are not worthy to be compared With the glory which shall be revealed in us.".

Let us journey together
Up to Jerusalem
To Resurrection